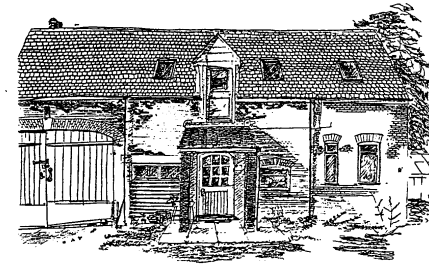


## STABLES CHRISTIAN CENTRE



## VOLUNTEERS

*We can use you*

*Could you spare any of your time and talents to help on one of our projects?*

*All sorts of jobs need doing, both on the spot and behind the scenes. Your help will be much appreciated. Please call us to arrange an informal visit by contacting Ali Wood at the Centre.*

**Bolnhurst Stables Trust**  
Registered charity No. 327398

The main activity of the Centre is currently focussed on the Seed Sowers Training Project, which has three aspects.

- 1 Structured training programmes for adults with a mild to moderate learning disability, on Mondays & Tuesdays in school terms only.
- 2 A more informal working environment for adults of mixed abilities but with special needs e.g. depression/anxiety, on Thursdays throughout the year.
- 3 As a background to the above, the development of a “social enterprise” based on producing & selling preserves, crafts & plants.

On these days, volunteers can help with such things as:

- \* Working alongside individuals or small client groups to help them achieve their potential.
- \* Preparation of craft and other materials.
- \* Cooking (preserves), gardening, potting up plants.
- \* Maintenance: decorating, DIY, operating machines (e.g. lawnmower, chipper), mending punctures
- \* Preparing display and publicity material.
- \* Computers, office work.

Sales:

- \* Help setting up and/or manning our small shop at The Centre.

We are always looking for new outlets to sell our products, and often have stalls on local markets and fairs etc. These are held at various times, often Saturdays.

- \* Help needed in manning stalls.
- \* New ideas for sales.

Volunteers will always be supported by regular staff members. We think we are a friendly and fun group to work with!

We would expect you to be in sympathy with the aims of the Centre, which is an interdenominational Christian charity.

All travel and other approved expenses will be reimbursed.

Please note that we are required to do CRB checks on most of our volunteers.

Please contact Ali Wood, Stables Christian Centre, Bolnhurst, Bedford. MK44 2ES, tel: 01234 376237, Email: [admin@stableschristiancentre.co.uk](mailto:admin@stableschristiancentre.co.uk) if you think you might be interested.

*THANK YOU!*